

# **Glasgow** School of Spor

**BELLAHOUSTON ACADEMY** 

# **Application for admission**

ie certificates, awards, district or national squad)



CLOSING DATE: 23 December · SPORTS SELECTION: Last week in January · FINAL SELECTION: Second week in February PART A: To be completed by a parent/guardian and then passed This application, on completion is to be returned to: to the Coach or PE Teacher. PART B: To be completed by the coach and/or the PE teacher of The Director, the applicant and then passed to the Head Teacher of applicants Glasgow School of Sport, Bellahouston Academy, 30 Gower Terrace, Glasgow G41 5QF. PART C: To be completed and returned by the Head Teacher of the applicant's present school. All applications will be acknowledged. YEAR OF ENTRY (Please tick) S1 **S3 S6 SURNAME** FIRST NAME(S) DATE OF BIRTH **HEIGHT** WEIGHT NAME OF FATHER NAME OF MOTHER NAME OF PARENT OR GUARDIAN (To whom correspondence should be sent) **HOME ADDRESS (For correspondence)** TELEPHONE (Evening) TELEPHONE (Day) SPORT APPLIED FOR (Please tick one only) **BADMINTON GYMNASTICS HOCKEY SWIMMING ATHLETICS** SPORTING HISTORY OF NOMINATED SPORT (Selected above) **SPORT CLUB COACH OR TEACHER** PERFORMANCE LEVEL (Achieved within nominated sport and/or any other sport,



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## HAS THE APPLICANT EVER SUFFERED FROM

1 Any serious illness	in the last 3 years, e.	g glandular fever, hepatitus, et	c?	YES	NO
Any broken or fractured bones?				YES	NO
3 Any eye/ear problems?				YES	NO
4 Any asthma or migraines?				YES	NO
4 Any major operations?				YES	NO
6 Any conditions requiring treatment by a physiotherapist or osteopath?				YES	NO
Any allergy to anything?				YES	NO
8 Any blood condition	s; diabetes, anaemia?	•		YES	NO
9 Does the applicant	wear glasses?			YES	NO
attending doctors and the name	es.	e give as many details as possible be			
DETAILS	START DATE	TREATMENT RECEIVED	DOCTOR :	IN ATTEN	DANCE
• '	derstand that a School Rep	e that to the best of our knowledge theort is being sought and that a medical		-	
SIGNATURE OF PARENT					
DATE					

**APPLICANT'S NAME** 

COACH/TEACHER (Please delete)

CLUB/SCHOOL (Please delete)

SIGNED (COACH/TEACHER)

# **Glasgow** School of Sport

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## REPORT BY CLUB COACH AND/OR PE TEACHER

Please complete all sections as fully as possible in order to help in selection. Should you wish to attach any further information then please do so. On completion this form should be passed to the Head Teacher of the applicant's present school.

ADDRESS				
CONTACTS PER WEEK				
Commitment	Attitude to learning			
Skill level	Potential			
Previous experience of the nominated sport (if any)	Other comments			

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### **HEAD TEACHER'S REPORT**

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APPLICANT'S NAME	PREVIOUS SCHOOL(S) DATE	DATES	
SCHOOL ATTENDED			
CLASS			
Attitude	Behaviour		
Attitude	Deliuvioui		
Ability to listen to and follow instructions	Academic achievements		
Working at level MATHEMATICS	ENGLISH		
SIGNED (HEAD TEACHER)	ADDRESS		
PRINT NAME			
NAME OF SCHOOL	TELEPHONE No		

FOR OFFICIAL USE ONLY

# **Glasgow** School of Sport

**NOTES FOR APPLICANTS** 

**BELLAHOUSTON ACADEMY** 



### **SELECTION PROCEDURE-S1**

## For applicants who wish to enter secondary S1

Entry to the Glasgow School of Sport Bellahouston Academy is by interview and participation in a series of practical sessions. Interviews are held to assess the ability and aptitude of the candidates for this concentrated course of study.

Selection will be held annually to identify talented pupils who have the necessary physical, technical and mental attributes to undertake the training and competition programme provided by the School of Sport.

It is emphasised that pupils entering the School of Sport are set high standards of achievement and therefore must display a degree of commitment without which success is unlikely to be gained.

Five sports are available at the School of Sport. These are: athletics, badminton, gymnastics, hockey and swimming. Pupils must select one.

There are three parts to selection:-

- Completing an Application Form and identifying one sport that the candidate wishes to be considered for, based on the Application Criteria shown below. Applications close on the 23rd December.
- 2 Preliminary sports specific selection: Last week in January.
- 3 Final selection day: Second week in February.



### APPLICATION CRITERIA

Prior to completing and passing the Application Form to the Coach or PE Teacher, parents or guardians are asked to ensure that candidates match the Application Criteria for their nominated sport.

Should you wish clarification or further information then please contact the Director of the School of Sport.

#### Athletics (Boys and Girls)

Where candidates have competed previously they should match **two** from the following criteria:-

Event	Boys	Girls
SHOT PUTT	6.74m	5.96m
HIGH JUMP	1.18m	1.15m
LONG JUMP	4.04m	3.90m
60m	9.20secs	9.49 secs
600m	1.52.5 mins	1.56.3 mins

Applications will be considered from candidates with no previous results, but who provide suitable references (Page 3 of the Application Form). Applications are also invited from individuals who have participated in other sports to a high level and who would be fully committed to making Athletics their main future activity.

#### **Badminton (Boys and Girls)**

There are no set criteria for applications for badminton.

Applications are encouraged from candidates with previous experience and competition experience would be advantageous.

#### **Gymnastics (Boys and Girls)**

Candidates should be competing under British Gymnastics Association rules at Voluntary and Compulsory Levels in their own age-group. Gymnasts should have experience of and competence to work:

Girls — Beam and Asymmetric Bars

Boys — Horizontal and Parallel Bars, Pommel Horse and rings. Applications are welcomed from all clubs.

### Hockey (Boys and Girls)

Applications are invited from individuals who have participated in sports to a high level and who are fully committed to making hockey their main sport in the future. It is desirable, though not essential, that applicants have played hockey either at Primary School or in a club.

#### Swimming (Boys and Girls)

Candidates should reach the minimum standard in any two of the following:

Event	Boys	Girls
200m FREE	02:48.00	02:50.00
200m BREAST	03:40.00	03:40.00
200m BACK	03:02.00	03:05.00
200m FLY	03:25.00	03:34.00
200m IM	03:20.00	03:20.00

### **NOTES FOR APPLICANTS**

#### COMPLETING THE FORM

After completing **Part A** of the Application Form it must be passed to the coach or PE Teacher for them to complete **Part B**. The whole form must then be passed to the Head Teacher of the candidate's present school for completion of **Part C**. The Head Teacher will then send the fully completed form to the Director of the School of Sport for consideration



#### PRELIMINARY SELECTION

Applicants will be invited to attend a selection day on one of the dates specified. The session will last for approximately two hours during which candidates will be required to perform:

- Simple sports specific skills led by a coach
- Learning and acquisition of new skills led by a coach
- O Decision making and teamwork (where appropriate)

Sessions are conducted in such a way that the selection panel may assess:

- Co-ordination and the ability to understand and follow instructions
- Creative ability, decision making, awareness and teamwork
- General physical attributes

At the end of the session the candidates will be free to leave and will be contacted by letter within 10 days of the outcome of this preliminary selection. Successful candidates will be invited to the next stage of the selection process.



#### **FINAL SELECTION**

The purpose of the final selection is to bring from the preliminary selection all the successful candidates to allow the selection panel to assess the candidates commitment to their overall sports development. The panel will then select those pupils who in their opinion have the necessary physical, mental and technical qualities together with the commitment considered necessary for the rigorous training of the School of Sport.

#### TIMETABLE FOR THE FINAL SELECTION

Selected candidates must attend the Final Selection Day with a parent or guardian. A room and other facilities will be made available for this purpose.

#### Session 1

Candidates will undergo a series of tasks to assess their overall aptitude for the school.

#### Session 2

Candidates will attend an interview with his/her parent or guardian with the Director of the School of Sport, Head/Depute Head Teacher of Bellahouston Academy and the selection panel.

#### Session 3

An orthopaedic examination by the consultant physician or physiotherapist to the School of Sport. As pupils may be about to enter an extremely rigorous and strenuous programme of training and competition, which may make intense physical demands on them, it is imperative that this examination is undertaken to ensure that the candidates body can withstand such exercise without sustaining damage. (Parents/Guardians must be present at this examination.)

Candidates and their parents/guardians will be free to leave only when all three parts of the process have been completed.

#### RESULTS OF THE SELECTION PROCESS

On completion of the Final Selection day the panel will make its final decision. The School will notify all candidates of the result of the selection process. Candidates may receive notification of one of the following:

- A Provisional Place which they then accept or decline;
- A Reserve Place which they can accept or decline;
- No Place

The decision of the Selection Panel is final at all stages of the application process.



#### SELECTION PROCEDURE-S3, S5, S6

For Applicants who wish to enter Secondary S3, S5 & S6. An Application Form should be completed and submitted by the 23rd December. A comprehensive coach report is required and applicants are asked to ensure that Section B of the Application Form is fully completed and additional information supporting your application is attached.

Further information is available from:
Glasgow School of Sport · Bellahouston Academy · 30 Gower Terrace · Glasgow G41 5QF
Telephone 0141 582 0034 · Fax 0141 582 0032

