



Lewis Nicholson

6th Year Athletics

What is...

The coolest thing about your sport?	The variety of events
Your greatest sporting moment?	Breaking a Scottish record
Your sporting ambition?	To compete for Scotland

Tell us...

What gets thumbs up at GSOS?	Getting to do sport at school
Thumbs down?	Nothing
What you like about the coaches?	They are a good support
How you manage to balance training and school work?	It is easy if you are organised
Your greatest achievement since joining GSOS?	Getting into Team Glasgow
A top tip for anyone thinking of joining GSOS?	Do it sooner rather than later