



**Ben Stafford**

**6<sup>th</sup> Year Athletics**

What is...

The coolest thing about your sport?	You can run anywhere
Your greatest sporting moment?	Running in Manchester at BMC
Your sporting ambition?	To compete at the Commonwealth Games

Tell us...

What gets thumbs up at GSOS	You get out of school to run
Thumbs down?	Getting chucked out at lunch
What you like about the coaches?	They are old and friendly
How you manage to balance training and school work?	Make time to study at home
Your greatest achievement since joining GSOS?	Winning bronze at Glasgow Schools
A top tip for anyone thinking of joining GSOS?	Join straight away