



James Higgins (right)

“Jemo”

5th Year Athletics

What is...

The coolest thing about your sport?	Me ☺ and competing
Your greatest sporting moment?	Winning Bronze at UKSG
Your sporting ambition?	To compete at the Commonwealth 2014

Tell us...

What gets thumbs up at GSOS	Everything
Thumbs down?	Not much
What you like about the coaches?	They are very attentive
How you manage to balance training and school work?	It's difficult but I manage
Your greatest achievement since joining GSOS?	Winning Bronze at UKSG
A top tip for anyone thinking of joining GSOS?	Be good