



Amy McLachlan

5th Year Athletics

What is...

The coolest thing about your sport?	It's always different
Your greatest sporting moment?	Winning athlete of the year at my club
Your sporting ambition?	To compete in the Commonwealth Games

Tell us...

What gets thumbs up at GSOS?	It's totally different
Thumbs down?	Sometimes you miss out on other subjects
What you like about the coaches?	They are very helpful and want you to be your best
How you manage to balance training and school work?	It's ok, because we train in the day our nights are free for study
Your greatest achievement since joining GSOS?	Beating my P.B's
A top tip for anyone thinking of joining GSOS?	Make sure you are 100% committed