



Connor Bain

“Baino”

4th Year Hockey

What is...

The coolest thing about your sport?	It's fun
Your greatest sporting moment?	Playing for Scotland under 16's
Your sporting ambition?	Competing at the Commonwealth Games

Tell us...

What gets thumbs up at GSOS?	The training
Thumbs down?	Weight training
What you like about the coaches?	They are encouraging
How you manage to balance training and school work?	It's fine
Your greatest achievement since joining GSOS?	Playing for Scotland under 16's
A top tip for anyone thinking of joining GSOS?	Prepare for hard work