



Joseph Amouzou

“Joe”

4th Year Athletics

What is...

The coolest thing about your sport?	Training with others
Your greatest sporting moment?	Winning a medal for triple jump in my first competition
Your sporting ambition	I want to keep improving

Tell us...

What's thumbs up at GSOS	Having the chance to participate
What's not	Getting back into training after time out
What you like about the coaches	They are fun to talk to
How you manage with training and school work	It's not difficult, you have to be organised
Your greatest achievement since joining GSOS	Winning a medal for triple jump in my first competition
A top tip for anyone thinking of joining GSOS	Go for it!