



**Elizabeth Edgar**

**“Lizzy”**

**4<sup>th</sup> Year Athletics**

What is...

The coolest thing about your sport?	Cross Country
Your greatest sporting moment?	I ran in a qualifying race and missed out by one place
Your sporting ambition?	To achieve something with my athletics

Tell us...

What gets thumbs up at GSOS	The training and the friends I have made
Thumbs down?	Nothing
What you like about the coaches?	They provide good training sessions
How you manage to balance training and school work?	Sometimes it's hard to fit both in but I manage well with both
Your greatest achievement since joining GSOS?	I ran in a qualifying race and missed out by one place
A top tip for anyone thinking of joining GSOS?	Do it