



**Anna Catchpole**

**4<sup>th</sup> Year Athletics**

What is...

The coolest thing about your sport?	Even though it's not a team sport we all work together
Your greatest sporting moment?	Winning my first hurdles race
Your sporting ambition?	To use what I've learned to coach others

Tell us...

What gets thumbs up at GSOS?	The support from everyone
Thumbs down?	Nothing
What you like about the coaches?	They are friendly and they genuinely want to help you improve
How you manage to balance training and school work?	I always make time for everything
Your greatest achievement since joining GSOS?	Improving my running technique
A top tip for anyone thinking of joining GSOS?	Don't worry about not knowing anyone, everyone's the same