



**James Thomson**

**3<sup>rd</sup> Year Gymnastics**

What is...

The coolest thing about your sport?	It's exciting
Your greatest sporting moment?	Coming first in competitions
Your sporting ambition?	To be the best

Tell us...

What gets thumbs p at GSOS?	Good training from good coaches
Thumbs down?	Nothing
What you like about the coaches?	They are really helpful and supportive
How you manage to balance training and school work?	It's fine
Your greatest achievement since joining GSOS?	I recently switched discipline so I am in the process of learning
A top tip for anyone thinking of joining GSOS?	Do it