



Cara Kennedy

3rd Year Gymnastics

What is...

The coolest thing about your sport?	It's fun
Your greatest sporting moment?	Competing at the Youth Commonwealth Games
Your sporting ambition?	To compete at 2014 Commonwealth Games

Tell us...

What gets thumbs up at GSOS?	You get to concentrate on sport and studies together
Thumbs down?	Nothing
What you like about the coaches?	They are supportive
How you manage to balance training and school work?	It's fine
Your greatest achievement since joining GSOS?	Competing at the Youth Commonwealth Games
A top tip for anyone thinking of joining GSOS?	It's Good