



Christian Mankodila

3rd Year Athletics

What is...

The coolest thing about your sport?	Learning all the different events
Your greatest sporting moment?	3 rd in the Scottish Schools
Your sporting ambition?	To compete at the Commonwealth Games

Tell us...

What gets thumbs up at GSOS?	The people are easy to get along with
Thumbs down?	I don't like core...it's too hard!
What you like about the coaches?	They are as determined as the athletes
How you manage to balance training and school work?	It's fine, you have to be organised
Your greatest achievement since joining GSOS?	3 rd in the Scottish Schools
A top tip for anyone thinking of joining GSOS?	Give it a go, you will enjoy it