



Emma Mackey

2nd Year Gymnastics

What is...

The coolest thing about your sport?	Doing tumbles
Your greatest sporting moment?	Getting to the floor finals of the U.K Games
Your sporting ambition?	To compete at the Commonwealth Games

Tell us...

What gets thumbs up at GSOS?	You get more time to train
Thumbs down?	Sometimes it's tiring
What you like about the coaches?	They give you good advice
How you manage to balance training and school work?	It's easy
Your greatest achievement since joining GSOS?	Getting to the floor finals of the U.K games
A top tip for anyone thinking of joining GSOS?	It's a good opportunity