



Toni Woods

2nd Year Badminton

What is...

The coolest thing about your sport?	Playing tournaments
Your greatest sporting moment?	Getting to finals and winning
Your sporting ambition?	To take part in the Olympics

Tell us...

What gets thumbs up at GSOS?	The training
Thumbs down?	The bleep test
What you like about the coaches?	They are helpful
How you manage to balance training and school work?	Be organised!
Your greatest achievement since joining GSOS?	Being ranked 5 th in Scotland
A top tip for anyone thinking of joining GSOS?	Enjoy it