



Holly Newall

“Tank”

2nd Year Badminton

What is...

The coolest thing about your sport?	It's fun
Your greatest sporting moment?	Winning the treble at the nationals
Your sporting ambition?	To compete at the Commonwealth Games and the Olympics

Tell us...

What gets thumbs up at GSOS?	You make new friends and you improve loads
Thumbs down?	You have to train hard!
What you like about the coaches?	They know what they're talking about
How you manage to balance training and school work?	I'm really organised
Your greatest achievement since joining GSOS?	Ranked 1 in Scotland
A top tip for anyone thinking of joining GSOS?	Be prepared to work hard and push yourself