



Casey Alexander

2nd Year Athletics

What is...

The coolest thing about your sport?	Competing
Your greatest sporting moment?	Competing in Sweden
Your sporting ambition?	I want to train with the best

Tell us...

What gets the thumbs up at GSOS?	You are always getting fitter
Thumbs down?	Nothing
What you like about the coaches?	They are funny
How you manage to balance training and school work?	It's not a problem
Your greatest achievement since joining GSOS?	Winning competitions
A top tip for anyone thinking of joining GSOS?	It gets more and more exciting