



**Alex Inglis**

**2<sup>nd</sup> Year Athletics**

What is...

The coolest thing about your sport?	The competing
Your greatest sporting moment?	Winning relays
Your sporting ambition?	To compete at the Commonwealth Games

Tell us...

What gets the thumbs up at GSOS?	The training
Thumbs down?	Some days you only get to go for one period
What you like about the coaches?	They understand you
How you manage to balance training and school work?	It's fine
Your greatest achievement since joining GSOS?	My technique has really improved
A top tip for anyone thinking of joining GSOS?	Be determined