



Abbigail McInnes

2nd Year Athletics

What is...

The coolest thing about your sport?	The competitions
Your greatest sporting moment?	Winning gold in the Young Athlete's League 1200m
Your sporting ambition?	I want to be a coach

Tell us...

What gets thumbs up at GSOS?	Training with all the athletes
Thumbs down?	Training everyday
What you like about the coaches?	They are helpful
How you manage to balance training and school work?	It's ok
Your greatest achievement since joining GSOS?	Winning gold in the Young Athlete's league 1200m
A top tip for anyone thinking of joining GSOS?	Stick in