



**Gaynor McGiffin**

**1<sup>st</sup> Year Gymnastics**

What is...

The coolest thing about your sport?	Going upside down
Your greatest sporting moment?	Getting into the Scottish National Squad
Your sporting ambition?	To compete at the Commonwealth Games

Tell us...

What gets thumbs up at GSOS?	The training
Thumbs down?	Nothing
What you like about the coaches?	They are nice and helpful
How you manage to balance training and school work?	It's fine
Your greatest achievement since joining GSOS?	Getting into the Scottish National Squad
A top tip for anyone thinking of joining GSOS?	Work hard