

GLASGOW SCHOOL OF SPORT ANNUAL AWARDS 09-10

OUTSTANDING ACHIEVEMENT AWARD	
NOMINEES (4)	
NAME	KIRSTY GILMOUR BADMINTON S5
ACHIEVEMENT / CURRENT PROGRESS	<p>International Championships</p> <ul style="list-style-type: none"> • Langenfeld Cup, Germany U17 Girls Singles Champion (August 09) • UK School Games U17 Girls Singles Champion (September 09) • Danish Junior Cup Girls Singles Bronze Medal (Oct 09) • European Junior Championships Quarter Finalist (November 10) • Reached last 16 of Scottish International Ladies Singles (November 10) <p>National Championships</p> <ul style="list-style-type: none"> • National Senior Ladies Singles Semi Finalist (February 10) • National Girls Singles Champion Under 19 (October 09) • National Ladies Singles Champion Under 23 (April 10) • National Ladies Doubles Champion Under 23 (April 10) • National Mixed Doubles Champion Under 23 (April 10) <p>National Team Representation</p> <ul style="list-style-type: none"> • European Senior Team Championships – Uber Cup (February 10) • UK School Games Under 17 (September 10) • European Junior Championships Under 17 (November 10) <p>Additional Information</p> <ul style="list-style-type: none"> • Selected onto GB Programme • Selected on Long List for 2010 Commonwealth Games in Delhi • Voted Commonwealth Games Athlete of Month (October 09) • Voted Glasgow Young Sports Personality 2009 • Voted Best up and coming Scottish Sportsperson at Scottish Variety Awards 2010
CURRENT RANKING	<p>World Ranking at Senior Level 234 Ranked Scottish No1 Under 19 Ranked British No 2 Under 18 Ranked Scottish No 3 – 4 at Senior Level</p>
PERSONAL QUALITIES	<p>There is no doubt Kirsty is one of the most talented athletes in the country. A major breakthrough this season saw Kirsty gain her first International Cap at Senior Level. Although only 16 years old, Kirsty is gradually making the transition into senior badminton with competition experience in 5 senior International competitions this season.</p> <p>In a short career Kirsty has amassed many titles however it is her professionalism, hard work and dedication mixed in with her desire to learn and improve that backs up her true potential. Scotland has had only one singles player represented at Olympic Games and Kirsty is on track to reach Commonwealth Games in 2014 and Olympic Games in 2016 should her talent be fulfilled.</p> <p>Kirsty has all the potential required to compete at the highest levels in badminton.</p>

SUMMARY PARAGRAPH	<p>Kirsty is a real role model within the programme and sets a great example at all times. Her competitive record has been achieved due to her performance levels during all training sessions and continued commitment.</p> <p>Due to Kirsty's level of play she is working on an integrated programme between Glasgow School of Sport and BADMINTONscotland where she regularly trains with members of the Scottish National Team.</p>
NAME	RYAN MCKEE GYMNASTICS S6
ACHIEVEMENT / CURRENT PROGRESS	<p>Selected for Team Scotland for commonwealth games 2010 in Delhi British bronze medallist on vault Scottish champion on floor and vault Member of the West of Scotland Institute of Sport</p>
CURRENT RANKING	No. 2 team member for Scotland's team for commonwealth games and potential medallist on vault
PERSONAL QUALITIES	Whilst Ryan has had his ups and downs, he is very popular amongst his peers both at school and in the club. He can be hard working and is well-motivated to be successful in his gymnastics.
SUMMARY PARAGRAPH	Ryan is by far the most talented gymnast that has come through the GSOS. His natural speed and agility has given him the potential to be one of the best vaulters in Britain. His self-belief has started to improve over the past 12 months through good competition results and this should enable him to deliver the goods at this year's Commonwealth Games but without doubt in Glasgow 2014.
NAME	LEE MORTON HOCKEY S3
ACHIEVEMENT / CURRENT PROGRESS	<p>District Under 15s/Under 16s 2009/2010 Scottish League and Double winner season 2009/2010 UK Lions select team 2009/2010 Scotland Under 16s Training Squad Scotland Under 16 Squad V Wales 2010</p>
CURRENT RANKING	Scotland Under 16 starting team
PERSONAL QUALITIES	Lee is very enthusiastic in both hockey training and in strength and conditioning. Lee sets a 1 st class example to his fellow pupils and is very encouraging showing excellent leadership qualities.
SUMMARY PARAGRAPH	Lee recently secured his 1 st cap for Scotland at Under 16 level against Wales. This was a justified reward for Lee's consistent high performance over the year where he also secured the League and Cup double with his Club and represented the UK Lions select team. Lee has built on his experience from playing regularly at District representative level and has stepped up his training and commitment to get where he is now. Lee is an established and valuable member of the Scotland under 16 squad
NAME	MARK DEANS SWIMMING S4
ACHIEVEMENT / CURRENT PROGRESS	<p>In the second half of 2009 Mark competed in 7 events at International Meets in France. He was fastest in his age group and took a silver medal in the French Cup Senior 10k event.</p> <p>He has won all the Scottish Open Water Junior events in the East, West and Northern areas and is overall Scottish Junior Champion at 2k and 5k. He won the Scottish Junior and Senior Open Swimmer of the Year awards. The first time a swimmer has won both in the same year.</p> <p>Silver medallist in the 800 and 1500 m freestyle at Scottish Age Group championships. Swam at both British Open Water and Pool championships winning silver in the Open Water.</p> <p>Selected to represent GB in Open Water and will swim at European and French</p>

	Cup events at 5 and 10k. Has qualified in Open Water and in the Pool events for the British Championships.
CURRENT RANKING	Mark is the holder of 3 Long Course and 3 Short Course Scottish Age Group (pool) records.
PERSONAL QUALITIES	Mark is a conscientious hard working pupil who is always courteous and well presented.
SUMMARY PARAGRAPH	Mark is a likeable unassuming swimmer who trains hard and represents well not only the school and his club but also his country. He has enjoyed quite considerable success this year but has done so without becoming blasé or cocky about it.