

BADMINTON



Adam Hall



Craig coaching one of Zambia's top players



Craig Robertson



Kirsty representing Team Scotland at Delhi

PROGRAMME STRUCTURE

Glasgow School of Sport's Badminton programme supports and assists pupils' development in technical, tactical and physical aspects of badminton. This is achieved through individual and group training sessions during curricular time, before and after school hours.

Training is aimed around providing players with an opportunity to achieve excellence and work through a pathway of representation starting with Area Teams, National Teams and International competitions. Long-term, players will aim for inclusion into the West Area Institute of Sport as part of Badminton Scotland's Junior and Senior Performance Programme and eventually the Scottish Institute of Sport

Training programmes are based on four key areas; Stroke Production, Specific Badminton Movement, Tactical Awareness and Physical aspects (Specific and Generic). As players move through years 1 – 6 the demands of each are adjusted to support development of each individual player.

The School of Sport badminton programme is supplemented with individual and team competition programmes at local, national and international events. In addition to the competition programme, players have access to support in Psychology, Nutrition, and Sports Science and undergo regular fitness testing to monitor and evaluate each individual player's progression.

Regular training camps also provide a chance for players to work on specific areas during the year to ensure maximum gains from the periodic training programmes.

The overall badminton programme has led to an experienced team of coaches providing quality planned sessions to facilitate excellent opportunities maximising the potential of players in the School of Sport.

STAFF

Craig Robertson is the High Performance Coach for badminton and Iain Pringle and Lena Robertson are Assistant High Performance Coaches. The playing and coaching experience of the current coaches at National and International levels, with input from former coaches which include Alan McIlvain (National Coach: Belgium), Rita Yuan Gao and Gordon Thomson, both International Players, has led to an increase in standards and performances throughout the badminton programme.



Main photo: Gregor McVean ready to serve



OUTSTANDING ACHIEVEMENTS

Pupils from all over Scotland, 13 local authorities, have participated in the badminton programme since it started. The programme has developed and the overall standard has risen year on year. A total of 52 National Titles and 46 Scottish Schools Titles have been won from under 13 to Under 23 Age groups to date (start of 2011).

11 pupils have achieved West of Scotland Institute of Sport status, more recently through BADMINTONscotland High Performance Squad.

INTERNATIONAL CAMPS AND EXCHANGES

A warm weather camp was held in 2002 at Club La Santa, Lanzarote. This ran through to 2006 with the first English Training Camp held in 2003. In 2004 a small group travelled to International Competition the 'Aros Cup' in Denmark and linked this into a joint training camp. In 2010 a total of 14 players attended a summer training camp in Canet, France over a 2 week period.

Since 2004 pupils have gained experience in competitions all over Europe as part of Glasgow School of Sport and National Teams.

In 2010 Craig Robertson was part of a GSOS delegation that travelled to Lusaka in Zambia to meet with players and coaches during their preparation for the Commonwealth Games in Delhi. The purpose of the trip was to assess the needs of Zambian athletes and coaches for a pre games training camp to be held in Glasgow in the build up to the London 2012 Olympics.

CAREER PATHWAYS

Many of the badminton pupils have gone on to study at colleges and university in a broad range of subjects, with others gaining employment.

Kenneth Young continues to train on a part time basis while coaching at Satellite level. Kenny signed a contract with La Chaux De Fonds Badminton Club to compete in the National League in Switzerland.

Stephen McPhail is coaching within the National and Satellite junior squads and is moving into coach education.

Fraser Ballantyne is in New Zealand employed as a podiatrist

The multi-talented Kareena Marshall is now employed as a Physiotherapist and has switched sports to hockey representing Team Scotland at the Commonwealth Games in Delhi.

INTERNATIONAL CHAMPIONS

Langenfeld Cup – Germany

Kirsty Gilmour U17 Girls Singles 2009

Aros Cup – Denmark

Kenny Young	U19 Boys Doubles	2008
Kirsty Gilmour	U15 Girls Singles	2008
Adam Hall & Josh Neil	U13 Boys Doubles	2008
Kenny Young	U19 Boys Doubles	2007

Belgium International

Kenny Young & Stephen McPhail U19 Boys Doubles 2007

Olve Jot, Belgium

Stephen McPhail U15 Singles & Mixed Doubles 2005

BRITISH CHAMPIONS

- Josh Neil U15 Boys Singles & Doubles 2010
- Adam Hall Boys Doubles 2010
- Josh Neil U15 Boys Singles 2009
- Kirsty Gilmour U15 Girls Singles 2008
- Stephen McPhail U17 Boys Singles & Boys Doubles 2006
- Kenny Young U17 Boys Doubles 2006
- Stephen McPhail U15 Boys Singles & Boys Doubles 2004
- Kenny Young U15 Boys Doubles 2004

UK SCHOOL GAMES CHAMPIONS

- Josh Neil U17 Boys Singles 2010
- Kirsty Gilmour U17 Girls Singles 2009
- Kirsty Gilmour & Kirsty McGlynn U17 Girls Doubles 2008

INTERNATIONAL REPRESENTATION

2002 (1)

Debbie Bradley.

2003 (4)

Greg Anderson, Cameron Barbour, Stephen McPhail, Sean O'Farrell.

2004 (4)

Fraser Ballantyne, Kareena Marshall, Stephen McPhail, Kenny Young.

2005 (2)

Lisa McMullen, Stephen McPhail.

2006 (5)

Kirsty McGlynn, James McKay, Stephen McPhail, Lisa McMullen, Kenny Young.

2007 (6)

Katie Hall, Kirsty Gilmour, Kirsty McGlynn, Lisa McMullen, Stephen McPhail, Steven Stewart.

2008 (7)

Fiona Archibald, Kirsty Gilmour, Robyn Glen, Kaity Hall, Kirsty McGlynn, Gregor McVean, Steven Stewart.

2009 (10)

Fiona Archibald, Rebekka Findlay, Lewis Gallacher, Kirsty Gilmour, Jordan Gilvear, Kaity Hall, Gregor McVean Josh Neil, Steven Stewart, Ben Torrance

2010 (6)

Rebekka Findlay, Jordan Gilvear, Adam Hall, Josh Neil, Ben Torrance. Kirsty Gilmour - Senior International Representation at Uber Cup and Delhi Commonwealth Games.



Selected on to the Achieve programme in 2010 players Caitlin Pringle and Josh Neil

USEFUL CONTACTS

Glasgow School of Sport
www.glasgow-school-of-sport-bellahouston-academy.co.uk
Telephone: 0141 582 0034

Information on badminton sessions and coaching courses available in Glasgow:
http://www.glasgowlife.org.uk/sport/sports-development/badminton/Pages/home.aspx
Telephone: 0141 287 5971

BADMINTONscotland
http://www.badmintonscotland.org.uk
Telephone: 0141 445 1218